FROM THE DESK OF THE PRINCIPAL

Dear Academy Families,

“Don’t you know that you yourselves are God’s temple and that God’s Spirit lives in you? If anyone destroys God’s temple, God will destroy him; for God’s temple is sacred, and you are that temple” (1 Corinthians 3:16-17). God asks us to take care of our mind, heart, body and soul. As a principal of an all boys’ school, I am constantly reminded how essential food is for boys. If it were up to most boys, they would spend the entire day snacking and eating! It only worsens when they age. My 16-year-old son Drew walks into the house from school, drops his book bag (yes, right at the door), takes off his shoes (yes, right in front of the steps), steps over the dog, and opens up the pantry looking for what to gorge on. He cannot focus on anything but food for at least 20 minutes. Last year I shared an article worth repeating. “Good eating habits not only promote physical well-being but academic health as well... (read more).” I believe that the contents of our students’ diets throughout the day makes a significant impact on their learning. The brain needs good fats, protein, complex carbohydrates, vitamins, minerals, fiber and water since these nutrients drive the learning function within the brain. I realize life is hectic for every one of us, but even we need to somehow pay attention to what our children are eating. It is not easy, but worth it in the long run.

Please join the community at one of our playoff games tonight or Sunday or at ‘The Bob’ to hear our singers perform the National Anthem! Take Care—Tricia
NO 'TARDIES' DURING TERRANOVa TEST

Students in grades 3-7 will be taking the TerraNova test beginning on Wednesday. Parents should be aware that their son must be in homeroom by 8am all 8 days of testing. If a student is tardy, he will be asked to sit in reception or another designated area until the first portion of the day’s testing concludes. **No student will be permitted to interrupt testing already in progress.** Joe Cincotta will coordinate the 'make-up' date for any student who is tardy or absent. We sincerely appreciate your cooperation with this. We also remind students to get to bed early each night.

JOIN US IN TAKE CHARGE OF EDUCATION

We're excited! The Target TakeCharge of Education program just sent us a check for $1200! This is a really easy way for families and friends of S.E.A to contribute. We love this program because you don't have to use a credit card to sign up. You can get the Target RedDebit Card which gives back 1% of your purchases. Visit their website to sign up.

BASKETBALL PLAYOFFS UPDATE!

**Congrats to the 3 basketball teams representing us in the Semi-Final & Championship Games this weekend.** These games promise to be exciting and fast-paced. Our players have put a lot of work into their teams this year. Come support friends and school mates this weekend. I would like to take this opportunity to congratulate all the SEA teams, players and coaches on a successful 2015-16 basketball season. Thank you for all for your dedication and support of our program. I would like to remind the players to continue working hard, setting good examples of sportsmanship, and support your teammates. Parents, continue to be good leaders of sportsmanship in the stands through positive cheering for all players, coaches and referees. Please click here for all the details of these exciting games.

+ End of T2

MONDAY, 3/7
+ T3 begins

FRIDAY, 3/11
+ Report Cards
  Posted 4pm
+ Penny Wars
  Begins
+ Tag Day (free)

SATURDAY, 3/12
+ Sallies Practice
  Test 8:30am

THURSDAY, 3/17
+ $2 Tag Day

SATURDAY, 3/19
+ Student Dance
+ U.P Basketball
  Tournament 9am

LETTER DAYS

Monday, 2/29
 'f' Day
Tuesday, 3/1
 'a' Day
Wednesday, 3/2
 'b' Day
Thursday, 3/3
 'c' Day
Friday, 3/4
 'd' Day
Monday, 3/7*
 'a' Day
BOOK DRIVE: BOOKS without BORDERS

In Monday Morning Meeting, we introduced a new service project designed by Jacob Piretti ’17 and Seamus Oliver ’18. Students are asked to take part in an 8-day ‘Book Drive’. Collection dates are Wednesday, 3/2 through Friday, 3/11. We are collecting children’s picture books and chapter books. We need both types to cover all reading levels. We will be giving the books to the New Castle County Police Department who will share them with children on home visits related to domestic violence. Each book counts as one point for the homeroom. To conclude the drive, students may have a free Tag Day on Friday, 3/11. There will be one winner per form. Winners in each form will be awarded with a special surprise from Dr. Scott.

FROM THE PARENTS' GUILD

We would love your help with the upcoming middle school Black Light Dance on Saturday, 3/19. Please click here to access the Signup Genius created to organize the volunteer efforts of much needed chaperones and decorators. Please contact Maureen Maister with your questions about the dance.

We also remind you to SAVE THE DATE for the Knight of the Red Coats on Saturday, 4/30.

HAVE YOU MADE YOUR SUMMER PLANS?

S.E.A is the place to be this summer! ...With choices ranging from a full day camp, to specialty sessions in art, music, theatre, engineering, Minecraft, Hispanic culture, basketball, lacrosse and baseball, there something for everyone. Click here for info.

URBAN PROMISES | PENNY WARS

Under the leadership of Mr. Fahey, S.E.A has teamed up with a local non-profit, Urban Promise for a basketball tournament on Saturday, March 19 (Field House, 9am-1pm). The goal of Penny Wars is to raise money for this tournament. We

Remember: *New Trimesters begin with an ‘a’ day.

PRACTICE EXAMS

7th Grade Parents:
+Salesianum School
Sat., 3/12 (8:30)
+Archmere Academy
Sat., 4/16 (9:00)

VOCAL PERFORMANCE

Members of Academy Chorus, Academy Singers, and Men’s Ensemble will sing the National Anthem at ‘The Bob’ tomorrow at 2pm. Go singers!

BUY SOCKS

DSAD Crazy Sock Sale to be held 3/16. Student Council will announce details at Morning Meeting or over announcements

LUNCH MENU
are hoping to raise $1000 through the *Penny Wars* fundraiser to be held from Friday, March 11th, through Thursday, March 17th. Additionally, we will finish the *Penny Wars* with a $2 Tag Day for St. Patrick's Day on the 17th. We hope for a successful tournament with an objective to unite our two communities. We will publish all the rules of play and the point system next week.

**THE 9th ANNUAL LANCER CUP**

The 9th Annual Lancer Cup is slated for Friday, June 10th, at the *Springhaven Club* in Wallingford, PA. You and/or your business can support this traditional SEA event as a valued sponsor or advertiser. Please visit here for further information and the link to arrange your support today.

**JOIN US IN PRAYER**

Please send your special intentions to us. We’ll list them here each week and then pray for you as a community each morning during daily prayer.

Join us this week as we keep the following sick or suffering members of our community in our prayers...

-- Kitty Riley, Great-Grandmother to Niko Reiter  
-- Rae Emerich, Jax Trickey’s grandmother  
-- Norma Cofrancesco, Chas Egoville’s grandmother  
-- Kelly Panella, aunt of Nicholas Poplos  
-- Paul Hendrix, grandfather of Matthew Hendrix  
-- The McHugh Family  
-- J.L. | Arianne Missimer | Christopher White

and for the Repose of the Souls of...

-- Joanna Glenn, grandmother of Jack Krukiel  
-- Jennifer Lynn Hearn, Colton Steele’s aunt  
-- great-grandmother of Nicholas Poplos  
-- Megan Ann O’Neill & Michael Curcio

**Chicken Tenders** ($3.50)  
**Rice** ($1.25)

**TUESDAY, 3/1**  
**Quarter Pounder** ($3.50)  
**French Fries** ($1.50)

**WEDNESDAY, 3/2**  
**Pasta with Meat Sauce** ($3.50)

**THURSDAY, 3/3**  
**Italian Sub with Chips** ($3.50)

**FRIDAY, 3/4**  
**Pizza** -- Lenten ($2.00) ($2.50)

**CAFETERIA VOLUNTEER NEEDS**

**Monday, 2/29:** 1  
**Tuesday, 3/1:** 3  
**Wednesday, 3/2:** 1  
**Thursday, 3/3:** 3  
**Friday, 3/4:** 3  
Click here to join the volunteer fun!

**BAND PRACTICES**
MONDAY, 2/29
Jazz Band

WEDNESDAY, 3/1
Lancer Band
(Winds & Brass)

THURSDAY, 3/3
Jazz Band

FRIDAY, 3/4
Beginner Band
(Winds & Brass)