FROM THE PRINCIPAL ...

Dear Academy Parents, This week I took my daughter to the orthodontist. She is starting her 'third phase' of braces--who knew there were phases? While waiting, I picked up a copy of Your Teen Magazine. I figured I need all the help I can get with a 15 and 13 year old at home. I came across this paragraph and it hit home: Most parents want to know how the school day went--especially at the beginning of the year. But whether it's the first week or the next 35, asking your teen "How was your day?" the minute he or she walks in the door is a rookie mistake. If you're lucky...Read More.

PARENTS' GUILD UPDATE:

During the month of October, the Parents' Guild will be involved in helping with the Lower Form Movie Night (Thursday, 10/9) and the Middle School Dance (on Friday, 10/25). We need volunteers and chaperones for both events. Read More.

PERFORMING ARTS REMINDERS:

The Academy's Annual Talent show is coming up soon. Talent show auditions are Monday, 10/27 at 6:30pm. Dress Rehearsal is Monday, 11/17 at 6:30pm. The Talent Show will be held on Friday, 11/21 at 7:00 in the Rollins Center for the Performing Arts. Also, Delaware All-State Chorus Auditions are on Saturday, 11/22 from 8:00am-4:00pm.

CAFETERIA HELP REQUESTED!

If you haven't yet signed up to help in the cafeteria, please...
do so. We need at least 3 volunteers for each day, and we're asking all families to sign up for at least one day!

Click here to sign up on VolunteerSpot

SEA HALLOWEEN DANCE!

There will be a middle school dance on Saturday, October 25th in the Lower School Gymnasium. Click here for the flyer. Click here for the permission slip.

NOTRE DAME GLEE CLUB AT THE ACADEMY

Chicken Patty Sandwich ($3.25)
Rice ($1.25)
Tuesday, 10/7:
Deli Sandwich w/ Chips ($3.25)
Wednesday, 10/8:
Meatball Sandwich w/ Chips ($3.50)
Thursday, 10/9:
Steak Sandwich ($3.25)
French Fries ($1.50)
Friday, 10/10:
No Classes!
Monday, 10/13:
No Classes!

SOCIAL SKILL

Cover your mouth when you cough or sneeze.